



IN HER HANDS

Additional Resources List

Below is a list of additional resources that may supplement your participation in the In Her Hands Program. These resources were compiled with community members. We hope they reflect the interests of program enrollees. The resources we've listed are not an endorsement of the program but rather a starting point for exploring these programs or similar programs of interest. Please do not hesitate to contact our team if you'd like to be connected to more resources!

Home Ownership

Historic District Development Corporation (O4W, Atlanta)

HDDC is located in the Old Fourth Ward and offers the Homeownership Program. The program offers down payment assistance and homebuyer preparation for low-to-moderate income and first time homebuyers.

<https://www.hddc.org/homeowneship-program-application>

Georgia Dream Homeownership Program (Georgia)

The homeownership program for eligible low- and moderate-income Georgians provides affordable financing options, down payment assistance, and homebuyer education.

<https://www.dca.ga.gov/safe-affordable-housing/homeownership/georgia-dream>

Neighborhood Assistance Corporation of America (NACA)

NACA is a community advocacy and homeownership organization whose primary goal is to build strong, healthy neighborhoods in urban and rural areas nationwide through affordable homeownership.

<https://www.naca.com/purchase/>

General Wellness

Black Girls Breathing (virtual, Georgia)

Georgia based organization that provides virtual breathwork classes for Black women at a sliding scale (i.e. pay what you can).

Center for Black Women's Wellness (Atlanta)

Provides healthcare services, maternal and child health services (including home visits, breastfeeding education and support, mental/emotional wellbeing services, monthly peer support group), and financial workshops (including workforce development and building credit).

General Wellness (cont'd)

Therapy for Black Girls (virtual, Georgia)

Provides professional and licensed mental and behavioral counselors and therapists. Therapy for Black Girls is a Georgia-based online space supporting the mental wellness of Black women and girls.

Hopebound (virtual)

Hopebound provides weekly teletherapy to under-resourced middle school and high school students at no or low-cost.

JD Winston Branch YMCA (O4W, Atlanta)

Low-cost gym facilities near the Old Fourth Ward

Entrepreneurship

Village Market ATL (O4W, Atlanta)

Provides small business training and highlights small businesses. Serves as a pipeline for Black businesses, connects Black-owned businesses to engaged consumers, impactful resources, and dedicated community partners.

The Entrepreneurship Center, Urban League of Greater Atlanta (Atlanta)

Assists entrepreneurs with starting and growing successful and sustainable businesses by providing entrepreneurs with training, resources, and one-on-one coaching.

Entrepreneurship (cont'd)

Village Micro Fund (Atlanta)

Village Micro Fund teaches entrepreneurs through their small business fellowship and workshops, making sure to focus on the whole entrepreneur all while building real community.

Women's Business Enterprise National Council: Women of Color Program (national)

Provides a development program designed to support women of color entrepreneurs.

Purchasing a Car

Consumers for Auto Reliability and Safety (CARS) (national)

Provides information on how to purchase a used car and what to do if you purchase a used car that turns out to be a "lemon".

Job Training

Work Source Georgia: Atlanta (Atlanta)

Work Source offers work readiness courses to prepare individuals for the world of work. They also offer services such as career counseling and job search assistance.

Legal Services

Legal Aid Atlanta (Atlanta)

Atlanta Legal Aid Society offers free civil legal aid for low income people across metro Atlanta.

Financial Empowerment

Martin Luther King Sr. Community Resources Collaborative - Financial Education Center (O4W, Atlanta)

Offers free courses relating to everything from retirement savings, to small business essentials, to financial capacity-building.

Financial Empowerment (cont'd)

Your Money, Your Goals Toolkit (national)

Provides a toolkit created by the Consumer Financial Protection Agency with 43 tools and resources that aim to increase one's financial knowledge and skills.

Education

Atlanta Technical College Adult Education (Atlanta)

This program provides adult high school equivalency test preparation, helps with attaining secondary education credentials, aids adults in learning the skills needed to get a job, and provides opportunities to build sustainability.

Khan Academy (virtual)

Free, online educational courses for students in pre-K to 12th grade covering all subjects and topics. Personalized learning with trusted experts.

UpChieve (virtual)

Free online tutoring and college counseling with personalized 1-on-1 support, 24/7. Covers 15+ subjects, including SAT prep and college applications.

Food Support

Atlanta Community Food Bank (Atlanta)

Centralized provider to ATL food banks - offers maps of food banks near you and more connections to services for those dealing with food insecurity.

Wheat St. Baptist Church Action Mission Ministry (O4W, Atlanta)

The Mission operates a food pantry, clothing closet, hot meals, and USDA and SNAP Food Programs.

Georgia Coalition Against Domestic Violence (Georgia)

GCADV is a federally recognized domestic violence coalition that envisions a Georgia free of domestic violence - empowering survivors and the programs that serve them, educating the public, and advocating for responsive public policy.

National Suicide Prevention Hotline (national)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

RAINN (Rape, Abuse, & Incest National Network) National Sexual Assault Hotline (national)

RAINN is an anti-sexual violence organization. RAINN operates the National Sexual Assault Hotline in partnership with local sexual assault service providers.

Crisis Support

Georgia Crisis and Access Line (Georgia)

GCAL provides telephonic crisis intervention, clinical triage, and referral for Georgians in need 24/7/365.